

## 2019 PORTLAND STATE VOLLEYBALL CAMP APPLICATION

Co	mmuter(\$340)	Resident(\$390)	
Camper Name:			
Address:			
City:	State:	Zip:	
Email:		Phone:	<del> </del>
Age: Grade (Fall :	nation will be sent) 2019):	School:	<u>-</u>
Birthdate:	Height:	Club	Геат:
Position (Circle One): Setter	Middle Blocker/Hitter	Right/Left Hitter	Libero/DS
Adult T-Shirt Size: S M	L XL		
Roommate Request: match in order to be Roomma you will be assigned a roomm	ate. Rooms are allowed	Ald to hold 2 persons. I	LL roommate requests must f you do not request a roommate
	EMERGENCY CON	TACT INFORMATIO	N
Name:			
Relation:			
Phone:			
A <u>NON-REFUNDABLE</u> depos	sit of \$100 must accom	npany each application	on.
Please make checks payable	to:		

Portland State Volleyball Camp PO Box 751 Portland, OR 97201

# **DON'T FORGET**

RELEASE, COPY OF INSURANCE CARD & \$100 DEPOSIT

Questions? Please contact: Danielle Walker (770) 866-5356

# Required information for All Camp participants. Your application will not be complete until this form is filled out completely and submitted

Name of Camper	Camper's Date of Birth	
Camper's Contact Number (Cell Phone)	Camper's Date of Birth	
Name	Primary Emergency Contact: Relation to Camper	
Contact Number(s) (include area code)	Relation to Camper	
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
	Secondary Emergency Contact:	
Name	Relation to Camper	
Contact Number(s) (include area code)		
	Medical Information:	
Date of last physical		
Contact information for Pediatrician/Family p		
Name of Physician	Name of Practice	
Telephone Number	Mailing Address	
List all allergies to medications		
List any allergies to food	taff should be aware of	
List any recent injuries or surgeries that camp st	art should be aware of	
List any medical condition(s) that a physician si Sickle Cell Status)	hould be aware of: (Asthma, Diabetes, High Blood Pressure, Recent Concussions, and	
	currently taking	
Date of Last Tetanus Booster		
<b>parent's permission</b> to administer treatment i I hereby authorize any medical treatment which	Release for Medical Treatment:  are under 18 years of age, it is necessary that the appropriate medical personal have the n the event of accident or sudden illness.  In may be advised or recommended by the attending/Emergency Room physician ofwhile at Portland State University in Portland, OR	
	Insurance Coverage:	
Please provide the requested insurance informa	tion for your current insurance provider.	
Policy Holder:	Policy Number	
Telephone Number	Mailing Address for Claims	
Release and V The undersigned hereby acknowledges that the physical injury. The undersigned, on behalf of a and its camp employees and all agents from any incur. The undersigned understands that all act of camp on the final day involve risk and that P the camp, to include camp activities, dormitory	back copy of your insurance card with this completed document. Waiver of Liability: (Please read carefully before signing) eir participation in this camp is voluntary and related activities involve an inherent risk of the registrant, hereby assumes all risks associated with participation and does release PSU and all liability associated with unforeseen bodily and personal injuries that they may civities involved in camp, from initial on site orientation or registration to the conclusion SU is not responsible for any injury or illness that may occur as a result of attendance at a activities, free time, failure of any equipment or defect in the premises. I understand that mp is the sole responsibility of the injured party. (Undersigned is the legal guardian of the	
Signature of Participant:	Date:	
Signature of Participant: Date:		



#### Camp Highlights

- Low camper to staff ratio
- Thorough instruction on all fundamental skills
- 3 days of instruction, competitions, and 6 vs. 6 play
- Camp awards given out on final day
- Camp t-shirt, stickers and certificate for all participants
- All athletes ages 14-18 (who have not begun classes in college) will be eligible to attend

#### Medical Care

A certified athletic trainer will be on-site and available for any emergencies throughout the week. OHSU Hospital is minutes away, if needed. Personal insurance must be provided and arranged for each camper by the camper's parent or guardian. Please submit copy of insurance card along with camper application.

#### Lodging/Facilities

The Portland State Volleyball will be housed at the dorm.

#### Mail-In Registration Option:

Mail-in registration requires a non-refundable \$100 deposit (payment in full is also accepted). Mail in registration payment will only be accepted in cash, check or money order, made out to Portland State Volleyball Camp. No refunds within 2 weeks of first day of your camp session.

Online registration requires payment in full.

The gym sessions will be in the Viking Pavilion at Peter W. Stott Center.

### Sample Camp Schedule

#### Day 1

1:00 - 2:30 pm Registration

2:30 - 5:15 Intro to Passing

5:15 - 6:30 Dinner

6:30 - 8:45 Intro to Hitting

10:30 Lights Out

#### Day 2

7:30 - 9:00 am Breakfast

9:30 - 12:00 pm Intro to Setting

12:00 - 1:30 Lunch

1:30 - 4:00 Intro to Serving

4:00 - 5:00 Pool Time/Grab-A-Coach/Play (Optional)

5:00 - 6:30 Dinner

6:30 - 8:45 Scrimmages

10:30 Lights Out

## Day 3

7:30 - 9:00 am Breakfast

9:30 -12:00 pm Competition Finals/Tournament Play

12:00 -12:15 Awards & Final Comments

This is a tentative camp schedule. It could change based on number of campers and/or other PSU Camps using the same dining hall.









